

MR RIAZ ASARIA BM MD FRCOphth
Consultant Ophthalmologist & Vitreo-Retinal Specialist
Mobile: 07816 814 338
Email: riazasaria@me.com

Office & Appointments
Tel: 0207 432 8315
Fax: 0207 432 8298
Email: asaria.secretary@privatepractice.co.uk

Practice Manager/Finance: 07557040097 Email: eyesurgeons@me.com

Platinum Medical Centre Wellington Hospital 15-17 Lodge Road London NW8 7JA
Hospital of St John & St Elizabeth 60 Grove End Road London NW8 9NH

BlephEx Treatment for Blepharitis

Blepharitis is a chronic inflammation of the lid margins. Common symptoms of blepharitis include the following:

- Itching or scratchy eyes
- Foreign body sensation
- Tearing
- Crusting
- Redness/inflammation
- Mattering
- Dry eyes
- Eye rubbing

BlephEx, the newest treatment for blepharitis, is an in-practice procedure performed directly by your eye care practitioner.

With BlephEx the clinician thoroughly and precisely eliminates the scurf and bacterial debris which are the main causes of inflammatory lid disease. This is achieved by spinning a medical grade micro-sponge soaked in a preservative free solution very precisely and carefully along the edge of your eyelids and lashes. This removes unwanted biofilm and exfoliates your eyelids.

BlephEx can reduce or alleviate the above chronic and debilitating symptoms of blepharitis. Treatments are typically repeated at regular monthly intervals depending on the severity of the disease. This should also be supplemented by regular lid hygiene as instructed by your clinician.

Costs for treatment

Initial consultation with consultant	£240.00
BlephEx per session	£ 65.00
Follow up consultation with consultant	£220.00 per follow up

Any additional investigations and medication will be charged separately